

**MENU 9 SEPTEMBER 2019 - 13 SEPTEMBER 2019**

**MAANDAG**

**9 MND+:** Broccoli - kikkererwten - kokosmelk - rijst (v)

**12 MND+:** Pasta - pompoen - venkel - gekruid gehakt

**DINSDAG**

**9 MND+:** Bulgur - aubergine - zoete aardappel (v)

**12 MND +:** Curry Korma - tofu - zilvervliesrijst (v)

**WOENSDAG**

**9 MND+:** Tomaat - sperzieboon - aardappel - borlottiboon (v)

**12 MND +:** Noord-Afrikaanse auberginestof - bulgur (v)

**DONDERDAG**

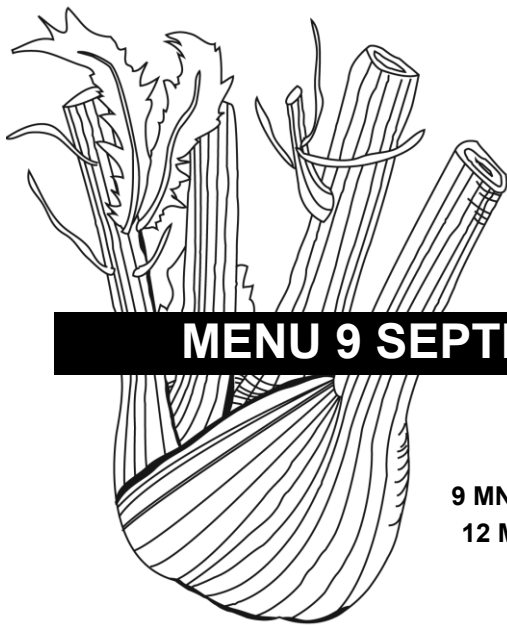
**9 MND+:** Doperwt - courgette - kip - parelgort

**12 MND+:** Doperwtstamppot - appel - munt - kip

**VRIJDAG**

**9 MND+:** Risotto - mais - doperwt - witte boon (v)

**12 MND +:** Bloemkoolcurry - ei - zilvervliesrijst (v)



## MENU 9 SEPTEMBER 2019 - 13 SEPTEMBER 2019

### MONDAY

**9 MND+:** Broccoli - chickpea - coconut milk - rice (v)

**12 MND+:** Pasta - pumpkin - fennel - minced meat

### TUESDAY

**9 MND+:** Bulgur - eggplant - sweet potato

**12 MND +:** Curry Korma - tofu - brown rice (v)

### WEDNESDAY

**9 MND+:** Tomato - green bean - potato - borlotti bean (v)

**12 MND +:** North African eggplant stew - bulgur (v)

### THURSDAY

**9 MND+:** Green pea - zucchini - chicken - barley

**12 MND+:** Pea - apple - chicken - mint - potato

### FRIDAY

**9 MND+:** Risotto - corn - green pea - white bean (v)

**12 MND +:** Cauliflower curry - egg - brown rice (v)